

Our food is made from scratch & served with love!

Eats & Treats Cafe is a Dedicated Gluten Free Eatery. To ensure a safe place for our patrons & employees who are celiac, gluten intolerant or gluten free, we cannot allow ANY outside food or drink, including snacks for infants and small children. HOWEVER, we are happy to provide a complimentary infant or toddler snack.

Just ask your server!

1644 Main St. Philomath, Oregon 97370 (541) 307-0225 www.eats-treats.com info@eats-treats.com

We accept Visa, Mastercard, Discover and American Express



Starters

Pig Chips (DF, SF, CF)

Crispy fried pork skins fried to order, tossed in Eats & Treats seasoning, and served with your choice of dipping sauce. 15.95

Chips & Dips

Your choice of house fried corn tortilla chips OR potato chips with your choice of dip!

Pico de Gallo (DF, V) 8.95 Queso 10.95 Pimento Cheese 10.95 Pimento cheese can be served either hot or cold

Crispy Chicken Tenders (DF)

Six hand breaded and deep fried chicken tenders*, served with your choice of dipping sauce.

Tenders Only (SF) 18.95 With Fries 23.95 With Sweet Potato Fries 24.95

French Fries (DF, V)

French fries are tossed in Eats & Treats seasoning and served with your choice of dipping sauce.

Regular 8.95 Large 12.95

Sweet Potato Waffle Fries (DF, V)

Sweet potato waffle fries are tossed in Eats & Treats seasoning and served with "Campfire" sauce made of our Carolina BBQ sauce and mayo (not vegan).

Regular 9.95 Large 13.95

Loaded Fries

Large french fries smothered in your choice of queso OR mac sauce and shredded cheese with your choice of loaded toppings! Plenty of food to feed an army!!!

Cheesy Fries 15.95

Cheesy BBQ Bacon Fries 18.95

Cheesy Tri Tip Fries 21.95

Cheesy Buffalo Crispy Chicken Fries* 22.95

Upgrade to Sweet Potato Waffle Fries +1.00

Nachos

House fried corn tortilla chips layered with black beans, melted cheddar and pepper jack cheeses, house made queso and topped with cilantro and green onion, with sides of sour cream and pico de gallo upon request (pico includes tomato, red onion, cilantro, jalapeno, lime & seasoning).

Vegetarian Nachos

Single 15.95 Share 21.95

Carnivore Nachos

with Pulled Pork or Pulled Chicken

Single 20.95 Share 32.95

with Tri Tip

Single 21.45 Share 33.95

Kick up your Nachos! Add:

Jalapenos .50 | 1.00

Avocado 1.95 | 3.95

Soup & Salad

Tomato Basil Soup (DF, SF, V) or Soup of the Day

Tomato Basil: A lightly sweet tomato soup, with a coconut milk base, seasonings and fresh basil.
Soup of the Day: Ask your server what's cooking!

Cup (8 oz) 5.95 Medium (16 oz) 8.45 Large (24 oz) 10.75 **Served with tortilla chips**

Soup & Salad

Cup of soup, green salad with your choice of dressing, and your choice of roll. 16.45

Green Salad (DF, SF)

Shredded carrots, cucumbers, cherry tomatoes, and red onion served over a bed of lettuce with your choice of dressing. Side 5.95 Small 8.75 Large 15.95

Add to your salad: Avocado 1.95 \ 3.95 1/4 lb pulled chicken 5.95 Crispy chicken tenders 9.45

Steakhouse Salad

Lightly sautéed tri-tip* strips, cherry tomatoes, red onion, and feta cheese served over a bed of lettuce. Served with balsamic vinaigrette dressing. 23.95

Make it hearty with an extra serving of tri-tip 9.95

BLAT Salad (DF, SF)

6 pieces of thick cut bacon, avocado, and cherry tomatoes served over a bed of lettuce with your choice of dressing. 20.95

California Club Salad (SF)

Diced smoked turkey, bacon, avocado, cherry tomatoes, and cheddar cheese served over a bed of lettuce with your choice of dressing. 23.95

Southwest Chicken Taco Salad (SF)

Pulled chicken, black beans, corn, cherry tomatoes, red onion, cilantro, pepper jack cheese, and tortilla strips served over a bed of lettuce with your choice of dressing. 23.95

Add large avocado 3.95

Chicken Curry Salad (DF)

A blend of our pulled chicken, green apple, red grapes, red onion, and celery in a sweet curry dressing, served over a bed of lettuce. 20.95

All salads are dairy free without cheese

Dressings : Ranch, Balsamic Vinaigrette (DF,SF,V), 1000 Island (DF), Olive Oil & Balsamic Vinegar (DF,SF,V)

Eats & Treats BBQ Meats

Wednesdays & Thursdays

Pulled Pork Pulled Chicken Smoked Turkey Smoked Ham Mild & Spicy Sausages

Fridays

Pulled Pork Pulled Chicken Smoked Turkey Smoked Ham Mild & Spicy Sausages Santa Maria Tri Tip

Saturdays

Pulled Pork Pulled Chicken Smoked Turkey **Smoked Ham** Mild & Spicy Sausages St. Louis Pork Ribs **Honey Glazed Chicken Thighs**

BBQ Plates

Single Plate

1 meat, 1 side and 1 bread

Two Sausages 16.95 **Two Chicken Thighs 16.95** 1/2lb Meat** 20.95 1/2 Rack of Ribs 31.95

Double Plate

2 meats, 2 sides and 1 bread

Two Meats** (1/4lb each) 26.95 Two Sausages & 1/4lb Meat** 28.95 Two Chicken Thighs & 1/4lb Meat** 28.95 Two Sausages & Two Chicken Thighs 30.95 1/2 Rack of Ribs & 1/4lb Meat** 43.95 1/2 Rack of Ribs & Two Sausages 45.95 1/2 Rack of Ribs & Two Chicken Thiahs 45.95

Saturday BBQ Party Platter

5 meats, 4 sides and 4 breads

(Feeds 6-8)

1/2 Rack of Ribs, Four Chicken Thighs, Four Sausages, 1/2lb Pulled Pork & 1/2lb Pulled Chicken, One Pint each of Mac & Cheese, BBQ Baked Beans, Coleslaw, Fruit Salad & Four Pieces of Cornbread 125 (no substitutions)

**FRIDAYS ONLY substitute Tri Tip on a plate: 1/4lb +1.00, 1/2lb +2.00

Build Your Own BBQ Plate

BBQ Meats

Pulled Pork (DF), Pulled Chicken (DF), Smoked Turkey (DF, SF), Smoked Ham (DF, SF)

1/4lb 5.95 1/2lb 11.95 1lb 20.95

Mild or Spicy Sausages (DF, SF)

Two 8.25 Four 15.95 Six 23.65

Available Fridays Only: Santa Maria Tri Tip (DF)

1/4lb 6.95 1/2lb 13.95 1lb 23.95 Whole (2.5-3lbs) 55

Available Saturdays Only:

Honey Glazed Chicken Thighs (DF)

Two 8.25 Four 15.95 Six 23.65

St Louis Style Pork Ribs (DF, SF)

1/2 rack 22.95 Whole rack 43.95

Sides

Roasted Carrots (DF.SF.CF.V)

Cilantro Lime Rice (DF,SF,CF,V)

Garlic Mashed Potatoes (SF.CF)

BBO Baked Beans (DF)

Mac & Cheese (SF)

Cucumber Salad (DF,SF,CF,V)

Fruit Salad (DF.SF.CF.V)

Coleslaw (DF)

Side 5.95 Pint 9.95 Quart 17.95

French Fries (DF,V) Side 5.95 Regular 8.95 Large 12.95

Sweet Potato Waffle Fries

Side 6.95 Regular 9.95 Large 13.95

Pig Chips (DF,SF,CF) Green Salad (DF,SF,CF,V)

Side 5.95 Small 8.75 Large 15.95

Tomato Basil Soup (DF,SF,V) Soup of the Day Cup(8oz) 5.95 Medium(16oz) 8.45

Large(24oz) 10.75

The Bread Board

Slice of Bread or Toast

(DF.SF) 1.65

Baker's Roll (DF.SF) 2.75 Ask your server about today's flavor!

Heart Attack Roll (SF) 2.75

Cornbread (SF) 3.25

Cheddar Jalapeno Cornbread (SF) 3.95

Buttermilk Biscuit (SF) 3.95

Our House-made BBQ Sauces

KC BBQ: Sweet without a kick (DF) Carolina BBQ: Sweet with a kick (DF) Chipotle BBQ: Down right HOT! (DF)

Horseradish Aioli: Perfect pairing with our tri-tip! (DF)

We reserve the right to add an 18% gratuity to groups of 8 or more

(DF) = Dairy Free (SF) = Soy Free (CF) = Corn Free (V) = Vegan

Other Yummy Stuff....

Chicken Pot Pie (SF)

Creamy chicken stew loaded with onions, celery, carrots and peas. Topped with a house made toasted buttermilk biscuit. 19.95

Homemade Biscuits & Country Sausage Gravy

House made toasted buttermilk biscuits smothered with country sausage gravy. Regular (1 biscuit) 10.45 Large (2 biscuits) 19.95

Mac and Cheese (SF)

Cheddar-mozzarella and garlic cheese sauce, blended with elbow macaroni. Regular 9.95 Large 17.95

Load up your Mac! Add:

Bacon (Plain or BBQ) 5.45 \ 7.95

Bacon (Plain or BBQ) & jalapeno 5.95 | 8.95

Pulled pork, pulled chicken, or smoked ham 5.95 \ 8.95 Crispy chicken tenders* (Plain, BBQ or Buffalo) 6.45 \ 9.45 Tri-Tip* 6.95 \ 9.95

Ma's Tacos

Mix or Match One 6.50 Two 12.50 Three 18.50

Pulled Pork or Pulled Chicken

Corn tortilla, cheddar cheese, pulled pork with Carolina BBQ sauce or pulled chicken with KC BBQ sauce, topped with cabbage, our special sauce, green onion, and cilantro.

Tri-Tip

Corn tortilla, cheddar cheese and tri-tip*, topped with green onion, cilantro, and pico (pico includes tomato, red onion, cilantro, jalapeno, lime & seasoning).

+ .45 per tri-tip taco

Vegetarian

Corn tortilla, pepper jack cheese, cilantro lime rice, black beans, pico de gallo, topped with cabbage, avocado, our special sauce, green onion, and cilantro (pico includes tomato, red onion, cilantro, jalapeno, lime & seasoning).

Vegetarian tacos are vegan without cheese and special sauce

Add to your vegetarian taco:

Pulled pork or pulled chicken 1.15

Tri-tip 1.55

Taco Sampler

Try them all! Four tacos, one of each to find your favorite. 24.95

All tacos are dairy free without cheese

Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk for foodborne illness.

Sandwiches

All sandwiches and burgers are served with potato chips.

Substitute chips for:

Any of our BBQ sides - 3.95 (Sweet Potato Waffle Fries +1.00)

Add to any sandwich or burger:

Avocado - 1.95

Fried Onion Straws - 1.95

Pimento Cheese - 2.95

2 slices of Bacon - 2.95

Extra Burger Patty - 4

Add cheese to your sandwich or make it a toasted melt!

2 slices of cheddar, pepper jack or swiss cheese - 1.95

Eats & Treats Burger (DF)

Seasoned 50/50 beef and pork patty* on a toasted house made bun with mayo, mustard, lettuce, tomato and red onion. 13.95

BBQ Beef & Cheddar Sandwich

Toasted house made bun with thinly sliced hot tri-tip* cooked in Carolina BBQ sauce, topped with melted cheddar cheese and fried onion straws. 20.95

Pulled Pork or Pulled Chicken Sandwich (DF)

Toasted house made bun with your choice of pulled pork cooked in Carolina BBQ sauce or pulled chicken cooked in KC BBQ sauce, topped with coleslaw. 19.95

Crispy Chicken Sandwich (DF)

Toasted house made bun with two hand breaded crispy chicken tenders*, mayo, mustard, lettuce, tomato and red onion. 18.95

Make it a spicy buffalo chicken sandwich +1

Club Sandwich

Three pieces of toasted house made bread layered with thinly sliced smoked turkey and ham, bacon, cheddar and swiss cheeses, mayo, lettuce, tomato, and red onion. 20.95

Tri-Tip Sandwich (DF)

Toasted house made bread with thinly sliced hot tri-tip*, horseradish aioli, Dijon mustard, lettuce, tomato, and red onion. Half 12.95 Whole 19.95

Tuna Sandwich (DF)

House made bread, tuna salad, mayo, lettuce, tomato, and red onion. Half 9.95 Whole 15.95

Make it a melt by toasting the bread and adding your choice of cheddar, pepper jack or swiss cheese! 1.95

BLT (DF)

Toasted house made bread, 5 pieces of thick cut bacon, mayo, lettuce, and tomato. Half 9.95 Whole 15.95

Grilled Cheese

Choose from a classic three cheese with mozzarella, provolone and cheddar cheeses OR a pimento cheese!
Classic Three Cheese (SF) 11.95 Pimento Cheese 14.95

1/2 Grilled Cheese & Tomato Basil Soup (SF)

Half a sandwich (your choice of classic or pimento cheese) with a cup of tomato basil soup.

13.95

Our Housemade Sauces

Take it Home! 8oz for 5.95

KC BBQ: Sweet without a kick (DF)
Carolina BBQ: Sweet with a kick (DF)

Chipotle BBQ: Down right HOT! (DF)

Horseradish Aioli: Perfect pairing with our tri-tip! (DF)
Campfire Sauce: Sweet & creamy sauce served with our

sweet potato waffle fries (DF)

Ranch Dressing: A classic!

Balsamic Vinaigrette: A café favorite! (DF,SF,V)
1000 Island Dressing: For salads or sandwiches (DF)

Mixed Berry Jam: Combination of strawberry, blueberry

& raspberry! (DF,SF,CF,V)

In the mood for something sweet?

Check out our bakery case!

New treats are added daily, but here are some of our favorites that we keep around all the time

Key Lime Bars
Lemon Berry Bars
Raspberry Almond Bars
Flourless Truffle Brownies
Chocolate Chip Cookie Cheesecake Pies
Coconut Cream Pies
Chocolate Marshmallow Cupcakes

Try our signature Chocolate Chip Cookies!

Get just a couple to enjoy

or a baker's dozen to share!

Fridays, Saturdays & Sundays

Jumbo Cinnamon Rolls with Cream Cheese Frosting Jumbo Dairy Free Cinnamon Rolls with Coconut Icing

OR TRY OUR SIGNATURE "HOT" DESSERT:

Pizzookie

A quadruple-sized version of our famous chocolate chip cookie, served hot out of the oven, topped with vanilla ice cream and drizzled with chocolate sauce.

Large enough to share... but you may not want to! 14.45

Please allow 20 minutes for baking

<u>Beverages</u>

Fountain Drinks (bottomless): Pepsi, Diet Pepsi, Mt. Dew, Lemonade, Dr. Pepper, Starry - 3.95

Soda Water with fresh lemon or lime - 2.95

Iced Tea (bottomless) - 3.95

Strawberry Lemonade (bottomless) - 5.45

Pineapple Passionfruit Lemonade (bottomless) - 5.45

Ginger Peach Iced Tea (bottomless) - 5.45

Arnold Palmer (bottomless) - 3.95

Milk: Small - 2.15 Large - 4.30

Chocolate Milk: Small - 2.95 Large - 4.95

Orange, Apple or Cranberry Juice: Small - 2.15 Large - 4.30

Coffee (bottomless): Regular or Decaf - 3.95

Hot Tea - 2.95

Hot Chocolate with Whipped Cream - 4.45

We proudly feature local wines, ciders & gluten free beers

We have great neighbors, who make great wine! Our "Spotlight on Local" Adult Beverage menu features local wines from Philomath wineries, as well as Oregon made gluten free beers and hard ciders.

Must be 21 or older to purchase.

If you enjoyed it here, take some home too! Check out our cans and bottles to-go

Variety 4 pack of 2 Towns Cider

Variety 4 pack of Bierly Beer 16oz cans

Variety 4 pack of Groundbreaker Beer

Wine by the Bottle

We offer a seasonal rotating wine selection from our Philomath wineries!

For more information and special to-go pricing for wine, cider & beer, check out our table tents!

Our Mission is Simple

Eats & Treats Cafe is a dedicated gluten free eatery serving up just darn good food, serious BBQ and amazing baked goods from our on-premise bakery in a relaxed, friendly atmosphere. Our food is made from scratch with fresh ingredients, cooked to order and served with love.

The Cafe Story

The McHenry Family is passionate about good food, especially when it comes to BBQ. In 2007, after learning that the entire family was gluten intolerant, that passion extended to creating fabulous food that also happens to be entirely gluten free. Part of the process included opening Big River Grains, a dedicated gluten free grain and flour business. They then took it a step further in 2012 with the opening of Eats & Treats Cafe, a dedicated gluten free eatery with fabulous food and SERIOUS BBQ. The menu is as eclectic as the Chefs in the kitchen. The atmosphere is relaxed and friendly. The food is made from scratch and served with love. Stop on by and check it out for yourself. We think you will agree...Eats & Treats Cafe is serving up "Just Darn Good Food" period!

Daily Specials

Wednesday: Chef SpecialThursday: Chef Special

■ Friday: Santa Maria Style Tri-Tip cooked over oak wood

■ Saturday: St. Louis Style Ribs & Honey Glazed Chicken Thighs

Sunday: Waffle Special for Sunday Brunch!

Check out our Facebook and Instagram pages for more information and a heads up about our rotating Wednesday & Thursday Chef Specials AND our rotating Sunday Waffle special for the upcoming week!!!

https://www.facebook.com/EatsandTreatsCafe

Hours of Operation

Wednesday-Saturday

11:00AM-8:00PM

Sunday Brunch

9:00AM-2:00PM

Closed Monday & Tuesday

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